

COOKING AS A TEAM!

There are many recipes that young chefs can make with supervision. Cooking with kids is a wonderful way to share heritage as well as provide an opportunity to try foods from around the world / other cultures. Cooking is a fun way to boost math, science and reading skills, along with enhancing speech and language development. It helps build kids confidence while learning patience, responsibility, problem-solving and is an excellent way to spend time together!

Check out these youth-chef friendly recipes (click on item to open link).

- [Easy Recipes That Kids Can Make](#)
- [26 Kid-Friendly Breakfast That Make Morning a Breeze](#)
- [The 35 Best Packable, Back -to-School Lunches for Kids](#)

Some fun, easy and price-conscious recipes that I found are (click on item to open link):

1. [Breadless Double-Decker Turkey Club](#)
2. [Cloud Eggs](#)
3. [Overnight Oats](#)
4. [Two-Ingredient Easy Banana Pancakes](#)
5. [Green Eggs and Ham Pizza](#)
6. [Pepperoni Lasagna Roll-Ups](#)
7. [Shark Quesadillas](#)

Remember if you don't have / like all the ingredients, you can find substitutes / items that you would prefer. For example: swap out the ham for ground pork or fresh mushrooms in the Green Eggs and Ham Pizza recipe.

Happy Cooking!